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# Interactions of Interferon- $\alpha_{2a}$ with 5'-Deoxy-5-fluorouridine in Colorectal Cancer Cells *in vitro*

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The biological activity of 5'-deoxy-5-fluorouridine (5'-dFUrd) depends upon intracellular enzymatic cleavage by pyrimidine phosphorylase to form 5-fluorouracil (5-FU). Interferon- $\alpha_{2a}$  (IFN- $\alpha$ ) effect was analysed alone and combined with 5-FU or 5'-dFUrd, on proliferation inhibition of eight human colorectal cancer cell lines. The toxicity of 5-FU was enhanced by IFN- $\alpha$  in only one line (SW-480). In contrast, interactive enhancement of IFN- $\alpha$  was observed with 5'-dFUrd in five lines (WiDr, HT-29, 513, SW-480 and Co-115). In each of the lines showing potentiation by IFN/5'-dFUrd but not by IFN/5-FU, cytoplasmic pyrimidine phosphorylase activity was increased after 5 days' incubation with IFN- $\alpha$  in a dose-dependent manner. Two lines (LISP-1 and SW-620) showed no potentiation of either 5-FU or 5'-dFUrd toxicity by IFN- $\alpha$ , and no change in pyrimidine phosphorylase activity. Potentiation of 5'-dFUrd effect by IFN- $\alpha$  may thus be explained by an enhancement of its conversion to 5-FU through stimulation of pyrimidine phosphorylase activity.

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## INTRODUCTION

COLORECTAL CARCINOMAS are remarkably resistant to chemotherapy and, therefore, are mainly left to surgical treatment. Despite significant improvement in diagnosis and surgical techniques, decreased operative mortality and development of several chemotherapy and radiotherapy protocols, overall prognosis has not improved over the past 30 years. Large studies show survival advantage for adjuvant 5-fluorouracil (5-FU) and levamisole, and 5-FU, lomustine and radiotherapy [1, 2]. Clearly, new forms of effective systemic adjuvant therapy should be developed.

The anticancer activity of interferons (IFN) is presently beyond doubt for a limited number of cancers [3], but IFN therapy alone does not have much activity against colorectal cancer [4]. One of the most promising aspects of these cytokines is their ability to modulate the cytotoxic effects *in vitro* of chemotherapeutic drugs, as shown for vinblastine, cisplatin [5] or doxorubicin [6]. Synergistic effects of IFN with fluoropyrimidines *in vitro* have also been reported [7].

Fluoropyrimidines are commonly used in clinical oncology, but their toxicity limits therapeutic application. The synthetic derivative 5'-deoxy-5-fluoridine (5'-dFUrd) [8] has raised marked interest due to higher therapeutic index as derived from *in vitro* and animal data and as compared to 5-FU or other related compounds [9]. It is also less potent in inducing leukopenia [9, 10] and is not as strongly immunosuppressive as other fluoropyrimidines [11, 12]. The biological activity of this pro-drug is dependent upon its enzymatic cleavage to 5-FU by a pyrimidine phosphorylase [13–17], levels of which are markedly increased in human and animal tumours compared to normal tissues, with the exception of the intestinal tract [16, 18–20].

Recently, the combination of interferon  $\alpha$  (IFN- $\alpha$ ) plus 5-FU has been shown to give objective responses in 20 of 32 previously untreated patients with advanced colorectal carcinoma [21, 22]. This prompted us to analyse the *in vitro* effects of IFN- $\alpha$  on the cytotoxicity of 5-FU and of the prodrug 5'-dFUrd with human colon carcinoma cell lines.

## MATERIALS AND METHODS

### Cell lines

We used a panel of eight human colon cell lines, derived from primary tumours: WiDr (ATCC: CCL 218), HT-29 (ATCC: HTB 38), SW-480 (ATCC: CCL 228), SW-620 (ATCC: CCL 227), LISP-1 (obtained from Dr D. Lopez, Ludwig Institute for Cancer Research, Sao Paulo, Brazil), Co-115 [23], 513 and 411 (both established in our own laboratory). Cells were cultured

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in a 1:1 mixture of EMED (enriched Dulbecco's modified Eagle's medium) and FMED (modified Ham's F-12 nutrient mixture)[24] supplemented with 10% fetal calf serum (Seromed, Biochrom, Berlin). The cell lines were tested periodically for the presence of mycoplasma using the Myco Test assay system (Gibco/BRL, Paisley, UK) and consistently found to be free from contamination.

#### Drugs

Recombinant human IFN- $\alpha_{2a}$  (Roferon-A, F. Hoffmann-La Roche, Basel) was used in the following concentrations: 100, 1000 and 10 000 U/ml. 5-FU and its prodrug 5'-dFUrd were also provided by F. Hoffmann-La Roche.

#### Cell proliferation assay

The modified colorimetric assay described by Twentyman *et al.* [25] was used to measure the growth inhibiting properties of the drug combinations. This assay is based on the capacity of viable cells to reduce (4,5-dimethylthiazol-2-yl)-2,5-diphenyl-tetrazolium bromide (MTT) to the blue formazan product. Cells were plated in 96-well flat bottom microtitre plates (Falcon, Becton Dickinson). After 3 days of incubation at 37°C in a fully humidified atmosphere of 5% CO<sub>2</sub> in air, drugs were added to the appropriate wells in triplicate. Preliminary experiments were performed with the cytotoxic drugs alone with each cell line to determine the best concentrations to use for the combination studies. The plates were incubated with drugs for a further 5 days period before 20  $\mu$ l of MTT stock (5 mg/ml) were added. The plates were returned to the incubator for 4 (WiDr, HT-29, SW-480 SW-620 and LISP-1) or 12 more hours (513, 411 and Co-115). The medium was then removed. The formazan crystals were dissolved in 100  $\mu$ l of dimethyl sulphoxide. Optical density at 570 nm was measured spectrophotometrically (Easy Reader, EAR 400, Tecan, Hombrechtikon, Switzerland) with a reference reading at 690 nm.

The overall design of the combination studies was as previously described[26]. Briefly, the controls consisted of 4 different cell dilutions (1000, 500, 250 and 100 cells/well) treated with each concentration of IFN- $\alpha$  (0, 100, 1000 and 10 000 U/ml). These controls were used to determine the relationship between numbers of cells plated and optical density. This standard cell titration curve was used to convert the absorbance values obtained in wells containing 1000 and incubated with the cytotoxic drugs in combination with each concentration of IFN- $\alpha$ . Four dilutions of 5-FU or 5'-dFUrd were tested in each case.

In essence, this procedure normalises the drug dose response curves, empirically correcting for the effects of IFN- $\alpha$  alone. The doses of cytotoxic drug giving 50% survival (IC<sub>50</sub>), calculated from the least squares regression lines for log(survival) vs. drug concentration, can then be compared directly. If there is no interaction between IFN- $\alpha$  and the cytotoxic drug, the IC<sub>50</sub>s for the cytotoxic drug remains the same (often referred to as an additive effect of the two drugs). If there is a synergistic interaction, the IC<sub>50</sub>s decrease. Statistical significance of the effect of IFN- $\alpha$  on the IC<sub>50</sub>s was determined using Student's *t* test.

#### Pyrimidine phosphorylase activity

The activity was measured by the method of Choong and Lee[27] which is based on differences in UV absorption spectra of 5'-dFUrd and 5-FU in alkaline conditions. For each cell line, cells were cultured in 175 cm<sup>2</sup> flasks (Falcon). To reproduce cell culture conditions used for growth inhibitory tests, IFN- $\alpha$

Table 1. Concentrations of IFN- $\alpha$  and fluoropyrimidines inhibiting proliferation by 50% (IC<sub>50</sub>s) of eight colorectal cell lines

Cell line	IFN- $\alpha$ (103 U/ml)		5-FUra ( $\mu$ mol/l)		5'-dFUrd ( $\mu$ mol/l)	
	<i>n</i>	IC <sub>50</sub>	<i>n</i>	IC <sub>50</sub>	<i>n</i>	IC <sub>50</sub>
WiDr	3	22 (8)	4	9.6 (3.1)	4	380 (129)
HT-29	3	58 (12)	3	7.0 (2.2)	3	380 (130)
513	3	38 (8)	3	4.9 (1.8)	4	86 (30)
411	3	18 (5)	2	9.8 (0.5)	2	10 (1)
Co-115	3	37 (12)	3	8.9 (2.2)	3	9 (1)
LISP-1	3	24 (6)	4	6.1 (2.1)	4	46 (8)
SW-620	3	147 (27)	2	6.0 (1.8)	2	94 (22)
SW-480	3	14 (5)	2	5.8 (1.7)	2	231 (97)

Mean (S.D.).

was added at day 3, at the same concentrations as mentioned above. At day 8, cells were scraped away into Ca<sup>2+</sup>, Mg<sup>2+</sup>-free phosphate buffered saline, and homogenised with a Teflon pestle for 2 min. Homogenates were centrifuged at 15,000 *g* for 10 min and the supernatants were stored at -70°C.

For the enzymatic assay, cell extracts were incubated for 12 hr at 37°C with 4  $\mu$ mol 5'-dFUrd. The optical density was measured at 305 nm, which corresponds to the maximum absorption of 5-FU. The production of 5-FU was quantitated using a standard 5-FU curve. The results were normalised to the amounts of protein present in the cellular extracts, using the BioRad (Richmond, California) protein assay, and to minutes of incubation.

## RESULTS

The effects of IFN- $\alpha$ , 5-FU and 5'-dFUrd as single agents on proliferation of eight colorectal cell lines are shown in Table 1. None of the cell lines was particularly sensitive to the anti-proliferative effects of IFN- $\alpha$ , since the highest dose tested, 10 000 IU/ml, was below the IC<sub>50</sub> for each. The IC<sub>50</sub> for 5-FU fall in a narrow range between 4.9 mol/l for line 513 and 9.8  $\mu$ mol/l for line 411. In contrast, the IC<sub>50</sub> for 5'-dFUrd vary approximately 40-fold. The lines Co-115 (9  $\mu$ mol/l) and 411 (10  $\mu$ mol/l) were the most sensitive to this drug whereas WiDr and its parental line HT-29 were the least sensitive with identical IC<sub>50</sub>s of 380  $\mu$ mol/l.

In order to determine if IFN- $\alpha$  enhances the toxicity of 5-FU and 5'-dFUrd, drug titrations were performed at each concentration of IFN- $\alpha$  and the IC<sub>50</sub>s for 5-FU and 5'-dFUrd were determined from dose-response curves such as those shown in Fig. 1. As can be seen in Fig. 1a for one representative experiment with WiDr cells, the presence of IFN- $\alpha$  had no significant effect on the dose-response curves for 5-FU. On the other hand, the cells were increasingly sensitive to 5'-dFUrd with increasing concentrations of IFN- $\alpha$  (Fig. 1b).

Summaries of effect of IFN- $\alpha$  on the IC<sub>50</sub>s of 5-FU and 5'-dFUrd in the eight colorectal cell lines are given in Tables 2 and 3, respectively.

The IC<sub>50</sub>s for 5-Fu in the presence of IFN- $\alpha$  (corrected for the effect of IFN- $\alpha$  alone) are also decreased to a reasonable extent by IFN- $\alpha$  in a dose-dependent way only in one line, SW-480. With the other lines, the combination of IFN- $\alpha$  with 5-FU resulted in only additive effects as seen by the fact that IC<sub>50</sub>

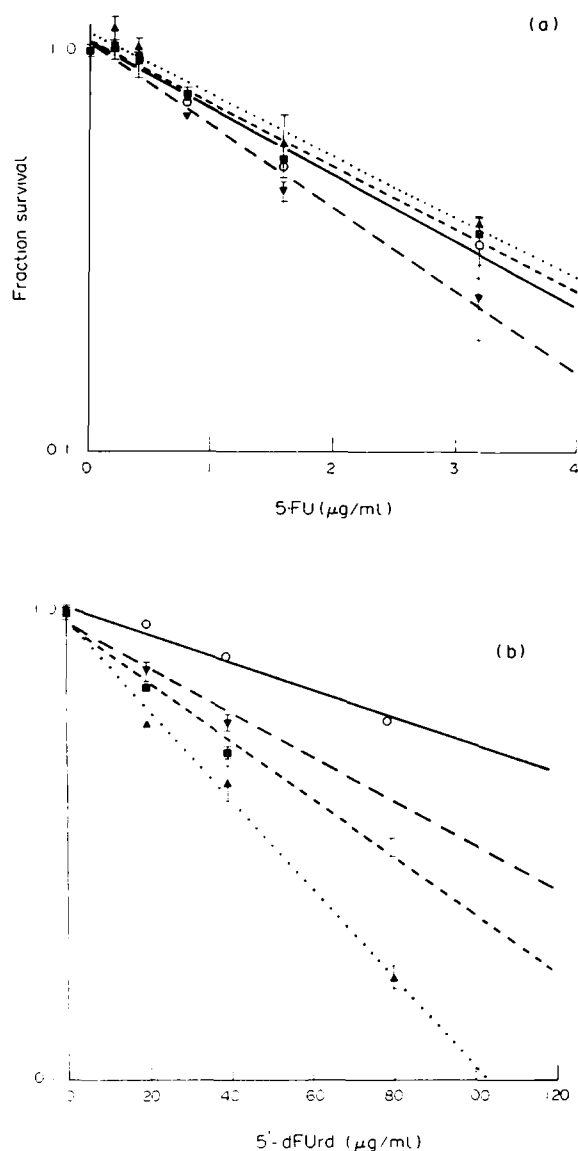


Fig. 1. Drug dose-fraction survival curves for WiDr cells treated with 5-Fu (a) or 5'-dFUr (b) in combination with 0 (○), 100 (▼), 1000 (■) or 10000 U/ml IFN- $\alpha$  (▲). The points represent mean values from four replicate wells from one representative experiment. The horizontal bars represent S.D.

Table 2. Effect of IFN- $\alpha$  on  $IC_{50}$  of 5-FUra in human colorectal cell lines

Cell line	n	IFN- $\alpha$ (% of control)*		
		10 <sup>2</sup> U/ml	10 <sup>3</sup> U/ml	10 <sup>4</sup> U/ml
WiDr	4	90 (14)	110 (24)	102 (16)
HT-29	3	85 (7)	105 (7)	97 (1)
513	3	95 (4)	104 (8)	104 (9)
411	2	106 (1)	96 (4)	127 (10)
Co-115	3	99 (2)	80 (9)	109 (3)
LISP-1	4	110 (20)	102 (18)	102 (13)
SW-620	2	98 (6)	128 (22)	129 (26)
SW-480	2	69 (3)	51 (8)	43 (9)

Mean (S.D.). \*Per cent of control  $IC_{50}$  in cultures without IFN- $\alpha$ .

Table 3. Effect of IFN- $\alpha$  on  $IC_{50}$  of 5'-dFUr in human colorectal cell lines

Cell line	n	IFN- $\alpha$ (% of control)*		
		10 <sup>2</sup> U/ml	10 <sup>3</sup> U/ml	10 <sup>4</sup> U/ml
WiDr	4	59 (15)	50 (14)	43 (15)
HT-29	3	80 (10)	84 (3)	60 (12)
513	4	70 (9)	66 (6)	61 (6)
411	2	72 (2)	71 (4)	57 (2)
Co-115	3	75 (10)	65 (9)	50 (15)
LISP-1	4	106 (18)	102 (12)	94 (12)
SW-620	2	95 (1)	90 (2)	104 (9)
SW-480	2	96 (3)	84 (4)	64 (4)

Mean (S.D.). \*Per cent of control  $IC_{50}$  in cultures without IFN- $\alpha$ .

values remain virtually the same for all concentrations of IFN- $\alpha$ .

The results presented in Table 3 show that the  $IC_{50}$ s of 5'-dFUr were decreased with higher concentrations of IFN- $\alpha$  for 6 of the cell lines. This indicates an interactive enhancement between the two drugs. Only the lines LISP-1 and SW-620 appeared to be insensitive to the potentiating effect of IFN- $\alpha$ . With 3 of the lines (WiDr, 513 and 411) as little as 100 IU/ml of IFN- $\alpha$  was sufficient to give a statistically significant decrease in  $IC_{50}$ s of 5'-dFUr, and the decrease observed for HT-29 and Co-115 at higher interferon concentrations were statistically significant as well.

One possible explanation for the enhanced interaction between IFN- $\alpha$  and 5'-dFUr but not with 5-FU is that IFN- $\alpha$  might increase pyrimidine phosphorylase activities in the treated cells, thereby increasing the conversion of the prodrug to the active principle. To examine this possibility, pyrimidine phosphorylase activities of cells incubated under the same conditions as used for the survival studies were determined. The results (Table 4) show that the baseline levels for the different cell lines are roughly correlated with the sensitivities of the lines to 5'-dFUr, with Co-115 having the highest enzyme activity and WiDr and HT-29 having the lowest activities.

The pyrimidine phosphorylase activities in cytoplasmic extracts from cells treated with IFN- $\alpha$  (Table 4) increased with increasing IFN- $\alpha$  concentration in those cell lines where synergy was seen with 5'-dFUr but not with 5-FU. This increase was particularly striking in lines 513 and Co-115. There was no

Table 4. Effect of IFN- $\alpha$  on pyrimidine phosphorylase activity in human colorectal cell lines

IFN- $\alpha$	Control	10 <sup>2</sup> U/ml	10 <sup>3</sup> U/ml	10 <sup>4</sup> U/ml
WiDr	0.84 (0.13)	1.05 (0.29)	1.60 (0.24)	1.84 (0.09)
HT-29	0.71 (0.03)	1.03 (0.09)	1.07 (0.10)	1.91 (0.32)
513	1.42 (0.16)	1.77 (0.26)	2.31 (0.39)	3.09 (0.39)
411	1.54 (0.01)	1.54 (0.06)	2.00 (0.30)	2.18 (0.35)
Co-115	2.46 (0.17)	3.04 (0.53)	4.41 (0.32)	5.98 (0.23)
LISP-1	1.63 (0.48)	1.84 (0.60)	1.71 (0.55)	1.81 (0.55)
SW-620	1.65 (0.32)	2.09 (0.03)	1.83 (0.15)	1.80 (0.32)
SW-480	0.93 (0.15)	0.99 (0.23)	1.01 (0.21)	1.19 (0.15)

Mean (S.D.).

change of enzymatic activity in the two lines that showed no enhancement between IFN- $\alpha$  and 5'-dFUrd (LISP-1 and SW-620). There appeared to be an increase as well in the line SW-480 that had IFN- $\alpha$  induced decreases in IC<sub>50</sub>s for both drugs, but the magnitude (30%) was quite small. Statistical analysis showed that the increase for WiDr, HT-29, 513 and Co-115 lines was significant.

## DISCUSSION

The effect of fluoropyrimidines on cellular metabolism depends on the ability of the cells to form the active nucleotides 5'-fluorouridine 5'-triphosphate (FUTP), 5'-fluorodeoxyuridine 5'-triphosphate (FdUTP) or 5'-fluorodeoxyuridine 5'-monophosphate (FdUMP). The first two compounds compete with their normal counterparts for incorporation into RNA and DNA, respectively. The last nucleotide, FdUMP, prevents DNA synthesis by inhibiting thymidilate synthetase. The activity of orotate phosphoribosyl transferase is also a determinant for cell response to 5-FU therapy [28] because it catalyses the first conversion to 5-fluorouridine 5'-monophosphate (FUMP). The prodrug 5'-dFUrd must be cleaved enzymatically to 5-FU to be biologically active. Pyrimidine phosphorylase, which is responsible for that conversion, appears then essential for efficacy of 5'-dFUrd.

In our study, the sensitivity of the eight different cell lines to 5-FU differed only 2-fold whereas the sensitivity to the prodrug 5'-dFUrd varied widely. We therefore, analysed the activity of pyrimidine phosphorylase, using an assay that measures the conversion of 5'-dFUrd to 5-FU directly. Our results show that the enzyme level is related to the sensitivity of cells to the prodrug 5'-dFUrd: HT-29, WiDr and SW-480 cell lines possessed the lowest enzyme activity and were the less sensitive to effect of 5'-dFUrd. Our results with the HT-29 line differ from those of Wadler *et al* [29]. This disparity might be answered by examining the time course of the IFN-induced changes in pyrimidine phosphorylase activity and/or by using cytometry. The enzymatic activity was high in 513, LISP-1 and Co-115 cell lines, which were the cells most sensitive to the prodrug.

Several groups have reported that IFN- $\alpha$  enhances the cytotoxic effects or 5-FU *in vitro* [7, 30], although in most studies it is difficult to determine precisely if the effects are truly synergistic or merely additive. The method we have used was developed specifically to examine synergistic interactions between two drugs [24]. We found some evidence of an enhancement between IFN- $\alpha$  and 5-FU with only one of the lines that we tested (SW-480). The exact mechanism by which IFN- $\alpha$  might potentiate the action of 5-FU in this line is not known, but results of studies with HL-60 leukaemia cells suggest that it could be by increasing the accumulation of FdUMP in cells which had been treated with IFN, thus causing increased thymidilate synthetase inhibition [31].

In five of the seven other lines (WiDr, HT-29, 513, 411 and Co-115), IFN- $\alpha$  had a dose-dependent effect to increase the sensitivity of the cells to the prodrug 5'-dFUrd. The fact that such an effect was seen with 5'-dFUrd and not 5-FU suggests that IFN- $\alpha$  might act by increasing the activity of pyrimidine phosphorylase, thereby increasing the quantity of 5-FU in the tumour cells. Therefore, this enzyme activity was determined in cells previously treated with IFN- $\alpha$ . The results confirm that cell lines showing an enhanced effect between 5'-dFUrd and IFN- $\alpha$  (WiDr, HT-29, 513, 411 and Co-115) exhibit enhanced pyrimidine phosphorylase activity, while no change is noted in two cell lines (LISP-1 and SW-620) where no enhancement

occurred. Induction of pyrimidine phosphorylase activity thus appears to be a possible mechanism through which IFN- $\alpha$  can potentiate the effect of 5'-dFUrd.

Encouraging preliminary clinical findings show objective responses with the combination of IFN- $\alpha$  and 5-FU [21, 22] in 20 of 32 patients with advanced colorectal cancer. These may not be entirely due to direct effects of IFN- $\alpha$  on colorectal tumour cells. Other possible factors may well be important, such as enhancement of host immune responses as it has been demonstrated for IFN- $\gamma$  [32], or as protection of the haematopoietic system in mice [33]. Taken together, our results suggest that additional benefit might be expected. If the increased level of pyrimidine phosphorylase activity that we have observed *in vitro* also occurs in patient tumours, the use of 5'-dFUrd in combination with IFN- $\alpha$  could indeed reveal to be even more effective and less toxic than its combination with 5-FU.

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# Expression of pp60<sup>c-src</sup> in Human Small Cell and Non-small Cell Lung Carcinomas

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c-src protein was found in 60% of lung carcinomas (20 of 33 cases or primary tumours) by immunoblotting with a monoclonal antibody (Mab 327) and immunohistochemistry with serum from rabbits bearing tumours induced by Rous sarcoma virus. src protein expression was assessed in 4 small cell lung carcinomas and in an atypical carcinoid of neuroendocrine origin. However, pp60<sup>c-src</sup> was also found in non-small cell lung carcinomas: in 60–80% of adenocarcinomas and bronchiolo-alveolar cancers and in 50% of squamous cell carcinomas. In the squamous cell carcinomas, src protein was expressed more frequently in poorly differentiated than in well and moderately differentiated carcinomas. Expression of pp60<sup>c-src</sup> was not found in epithelial cells of histologically unchanged lung tissues. These results show that pp60<sup>c-src</sup> may be activated in human lung carcinomas of different histopathological types.

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## INTRODUCTION

THE PROTOONCOGENE c-src is the normal cellular homologue of the Rous sarcoma virus transforming gene v-src, which codes pp60<sup>c-src</sup> membrane-associated phosphoprotein with endogenous tyrosine-specific protein kinase activity [1]. The highest levels of pp60<sup>c-src</sup> have been found in the brain [2], platelets [3], and peripheral blood lymphocytes [3]. A study on differentiation

and development of the neural retina showed elevated pp60<sup>c-src</sup>, with high c-src kinase activity levels [4]. Whereas some oncogenes (myc, fos, ras) are widely expressed in human tumours, mRNA analysis [5, 6] shows that c-src activation is restricted to tumours of neuroendocrine origin, especially neuroblastomas [7, 8]. pp60<sup>c-src</sup> kinase activity was also found in mammary [9] and colon [10] carcinomas.